



FOR IMMEDIATE RELEASE

**GET A TASTE OF THE HAWAIIAN ISLANDS AT SEATTLE MARRIOTT'S
2100 BISTRO & BAR**

Island Inspired Entrées Every Friday with Chance to Win Marriott Resorts Hawaii Vacation

HONOLULU – October 7, 2009 - For your dining pleasure, the chefs of Marriott Resorts Hawaii (www.marriotthawaii.com) will each have their entree featured by Chef Chris Frothingham of 2100 Bistro & Bar at the Seattle Marriott Waterfront. The Aloha Friday menu will offer a Hawaiian inspired entree every Friday evening for the month of October.

In Hawaii, chefs from the five Marriott resorts on four islands all embrace the freshest of ingredients gathered in waters off Hawaii and from farms offering locally-grown products. It is in the “Farm to Table” menu that Marriott Resorts Hawaii chefs are sharing some of their signature Hawaii Regional Cuisine entrees.

In addition, for every Marriott Resorts Hawaii entree ordered off the “Farm to Table” menu, guests will receive a fresh flower lei imported from the Hawaiian Islands and be entered to win a four-night stay at any of Marriott’s five Hawaiian resorts.

Begin your Hawaiian dining experience every Friday evening and savor the Hawaiian inspired entree presented by Chef Frothingham and Marriott Resorts Hawaii.

October 9 –Waikoloa Beach Marriott Resort & Spa on Hawaii’s Big Island features *Seared Kona Kampachi with Golden Pineapple Salsa, Yuzu Butter Sauce, Waipio Fern, Okinawa Sweet Potatoes and Hon Shimeji Mushrooms*

October 16 –Wailea Beach Marriott Resort & Spa on Maui features *Seared Halibut with Soy Bean and Heirloom Tomato Salad and Tomato Lime Vinaigrette*

October 23 –Kauai Marriott Resort & Beach Club on Kauai features *Ti Leaf Wrapped Opah with Chinese Black Bean Sauce and Wok Stir Fried Vegetables*

October 30 – Oahu’s Waikiki Beach Marriott & Spa features *Grilled Opakapaka with Coconut Risotto Accompanied by Seaweed Cucumber Salad and Asian Pepper Sauce* and JW Marriott Ihilani Resort & Spa features *5-Spice Smoked Lamb Rack with Hoisin Demi Glaze, Hapa Mashed Potatoes and Island Greens* and *Coconut Shrimp with Apricot Dipping Sauce and Wasabi Mayonnaise*

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For more information or dining reservations at 2100 Bistro & Bar located on 2100 Alaskan Way, please call the Seattle Marriott Waterfront Hotel at 206-241-2000.

For more information or dining reservations at 2100 Bar and Bistro, please call Seattle Marriott Waterfront on Alaskan Way at 206-443-5000.

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EDITOR'S NOTE: JPG images of all resorts are available upon request.

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