



FOR IMMEDIATE RELEASE

SPA-TACULAR TREATMENTS AT MARRIOTT RESORTS HAWAII

HAWAII – June 29, 2009 – Relaxation in paradise is found with Marriott Resorts Hawaii! Embrace the essence of island healing with the pleasure of a spa treatment at one of five oceanfront Marriott resorts on Oahu, Kauai, Maui and the Big Island.



Hawaiian *lomi lomi* is one of the oldest and most powerful forms of healing. Available at the **Waikoloa Beach Marriott Resort & Spa's** Mandara Spa, this traditional massage technique has been handed down from generation to generation, with children learning it from a young age.

While other forms of massage focus on relaxation techniques designed to provide a sense of well being, *lomi* massage is a rhythmical massage that works gently but deeply into the muscles to release tension and bring energy flow to the entire body. *Lomi lomi* uses the pressure of the therapist's palms, fists, elbows and even feet, working the muscles with long, continuous flowing strokes. The benefits last long after the massage is over.

A Hawaiian *lomi lomi* massage may be slow and soothing or faster and more invigorating, depending on the specific health concern. For additional information or a list of spa offerings, please visit www.waikoloamarriott.com.



Want a spa treatment that not only relaxes and rejuvenates, but also stretches your body and soul? And you don't have to do a thing? Then you'll enjoy a new treatment called Thai Yoga Massage at **Wailea Beach Marriott's** Mandara Spa.

Thai massage is more energizing and rigorous than more classic forms of massage. We describe it as a lazy person's yoga, because the guest just has to relax and allow the spa therapist to stretch, bend and massage his or her body. The therapist uses his or her hands, knees, legs and feet to move the guest into a series of yoga-like stretches. He or she will also use muscle compression, joint mobilization and acupressure during the treatment.

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Many people find Thai yoga massage can help with relaxation, stress reduction, improved circulation and range of motion, increased energy and flexibility, and the centering of the mind and body. Guests say they leave with a sense of serenity, a great feeling to have when on vacation! For more information, please visit waileamarriott.com



The ocean's healing powers is the essence of the deluxe Thalasso treatment at the award-winning Ihilani Spa at **JW Marriott Ihilani Resort & Spa** at Ko Olina. As one of only two U.S. spas to offer an authentic Thalasso treatment, Ihilani Spa utilizes an invigorating combination of seawater massage, color therapy, and pure essential oil to heal and rejuvenate.

The 25-minute water treatment uses air and water jets to stimulate the body with a full massage using fresh, filtered Hawaiian seawater that is pumped directly into the spa. Color light therapy is used to change or maintain vibrations of the body. For instance, the color red is believed to invoke power, audacity and energy. And aromatherapy oils, ranging from detoxification, serenity, vital energy and anti-stress, are added to boost the healing power of the color rays. For additional information, please visit www.ihilani.com.



In the heart of exciting Waikiki, guests can still relax at **Waikiki Beach Marriott Resort & Spa** with the *Escape! Spa Waikiki Vacation Package*. Starting from \$379 per night, guests will enjoy deluxe accommodations for two and a choice of a daily spa treatment at the full-service Paul Brown's Spa Olakino * Salon. With ten treatment rooms, including five steam showers and six massage rooms, this renowned spa incorporates exotic ingredients into enticing treatments, including Kona coffee beans and fresh Hawaiian-grown papaya. Subject to availability and restrictions. For additional information, please visit www.marriottwaikiki.com.



Along with the white sandy Kalapaki Beach, lush tropical gardens and Hawaii's largest single-level swimming pool, **Kauai Marriott Resort & Beach Club** is home to Alexander Day Spa and Salon. Open daily, guests will enjoy an invigorating beachside massage in the privacy of an open-air cabana or in your guest room. Also, discover custom-made body treatments blended exclusively for a guest's special needs using the finest skin care products, local botanicals and aromatherapy oils. For additional information, please visit www.kauaimarriott.com.

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MARRIOTT INTERNATIONAL, Inc. (NYSE:MAR) is a leading lodging company with more than 3,100 lodging properties in 66 countries and territories. Marriott International operates and franchises hotels under the *Marriott*, *JW Marriott*, *The Ritz-Carlton*, *Renaissance*, *Residence Inn*, *Courtyard*, *TownePlace Suites*, *Fairfield Inn*, *SpringHill Suites* and *Bulgari* brand names; develops and operates vacation ownership resorts under the *Marriott Vacation Club*, *Horizons by Marriott Vacation Club*, *The Ritz-Carlton Club* and *Grand Residences by Marriott* brands; operates *Marriott Executive Apartments*; provides furnished corporate housing through its *Marriott ExecuStay* division; and operates conference centers. The company is headquartered in Bethesda, Maryland, USA and had approximately 146,000 employees at 2008 year-end.

It is recognized by BusinessWeek as one of the 100 best global brands, by FORTUNE® as one of the best companies to work for, and by the U.S. Environmental Protection Agency (EPA) as Partner of the Year since 2004. In fiscal year 2008, Marriott International reported sales from continuing operations of nearly \$13 billion. For more information or reservations, please visit our web site at www.marriott.com
<http://www.marriott.com>.

Editor's Note: High-resolution images of all resorts are available upon request.

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